



School SBIRT Training (Screening, Brief Intervention, and Referral to Treatment)

A Training Opportunity for Middle, High School, & University Student Services Staff

What is SBIRT?


SBIRT is a comprehensive and evidence-based model for delivery by student services in middle and high schools. The service begins with administering a standardized **Screening** instrument. For students who show moderate or high risk results, a **Brief Intervention** (BI) is conducted. The BI is delivered with motivational interviewing and is protocol-guided. For those students who show high risk concerns and who do not respond to the BI, a **Referral to Treatment** may be initiated.





Why SBIRT in Schools?


- Evidence-based for addressing student alcohol/drug involvement and evidence-informed for addressing a range of other behavioral concerns, including attendance and classroom behavior
- Student-centered and strength-based
- Teens rate the service with high levels of satisfaction
- Provides a Tier II and Tier III practice with PBIS
- Response-to-Intervention can be ascertained by using baseline and follow-up screening results

Training Description — There are four training parts:

 **PART 1: PRE-TRAINING ASSIGNMENT** — To decide if this training is appropriate for your district, it is strongly recommended that student services leadership view webcast: <http://dpimedia.wi.gov/mainPlay/6ef4f5ccc2f54bdf88e0a3a907ad8e3f1d>.
If your district seeks to move forward, **a requirement of registration is to complete an Initial Implementation Plan and submit Lacie Ketelhut, lkettelhut@cesa4.k12.wi.us.**

 **PART 2: INITIAL TRAINING (OCT 30)** — Overview of SBIRT, introduction to the requisite skills (Motivational Interviewing), and practice on delivering protocol-guided Brief Intervention services. Audio tape delivery of BI.

 **PART 3: ADOPT SBIRT INTO PRACTICE & CONTINUE IMPLEMENTATION PLANNING** — Staff deliver SBIRT services and track initial implementation. Staff meet with student services leadership to complete Implementation Plan.

 **PART 4: FOLLOW-UP TRAINING (NOV 25)** — Staff receive individualized feedback from fidelity review of audiotape. Continue skill building, practice delivering SBIRT, and refining Implementation Plan.

ONE GRAD CREDIT AVAILABLE THROUGH VITERBO UNIVERSITY FOR \$200!
QUESTIONS? CONTACT: Lacie Ketelhut, 608-786-4540, lkettelhut@cesa4.k12.wi.us

Date/Time

October 30, 2013: 8:30am– 3:30pm
November 25, 2013: 8:30am– 3:30pm
Registration: 8:00am—8:30am

Location

CESA #4, 923 East Garland Street
West Salem, WI

Cost: \$100

***No fee** for Safe & Healthy Pkg Schools (Alma, Bangor, Cashton, Independence, & Tomah)

Register: <http://login.myquickreg.com/event/event.cfm?eventid=7640>

About the Trainer:

Scott Caldwell, MA CSAC

Scott is a licensed substance abuse counselor and prevention specialist with a decade of clinical experience with adolescents. He is a member of the Motivational Interviewing Network of Trainers and is the SBIRT (Screening, Brief Intervention, Referral for Treatment) program coordinator at Wisconsin Department of Health Services.